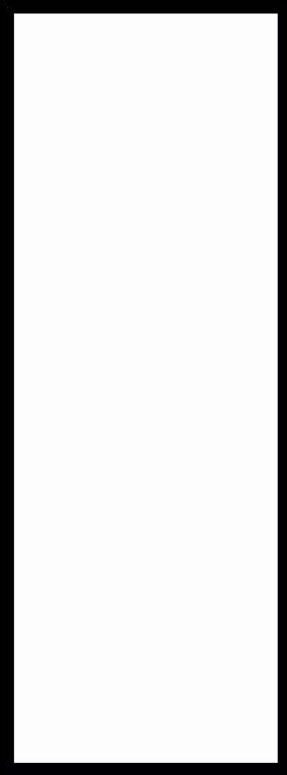


2009 Blackman Blaze Junior Football Camp June 8th-11th



**Blackman High School
Blaze Stadium**

Blackman Football Office
Blackman High School
3956 Blaze Drive
Murfreesboro, TN 37128



For students entering 1st through 8th grades

JUNIOR BLAZE FOOTBALL CAMP

June 8th – 11th

This camp provides instruction at all offensive and defensive positions. The Blackman High School Football staff will be hands on, in teaching the basic fundamentals, and emphasizing individual techniques at various positions in order for all campers to improve their football skills. Below is a position breakdown of what each camper can expect.

QUARTERBACKS

Each quarterback will be taught the fundamentals of the position. Special emphasis will be made on the throwing mechanics, proper footwork while taking your drop (3 step drop - 5 step drop - bootleg - etc.) stance, taking the snap, and the footwork involved in throwing the ball.

RECEIVERS/ TIGHT ENDS

Each receiver and tight end will be taught the fundamentals of the position. Special emphasis will be made on how to catch the different types of passes you will receive (low ball, high ball, over the shoulder, etc), stance, blocking, route running, and releases.

RUNNING BACKS

Each running back will be taught the fundamentals of the position. Special emphasis will be made on proper way to carry football (ball security), stance, how to attack the line of scrimmage, blocking, pass receiving, and running routes.

OFFENSIVE LINE

Each offensive lineman will be taught the fundamentals of the position. Special emphasis will be made on stance, the different types of run blocking (drive, hook, cutoff, trap, etc.), and pass protection.

DEFENSIVE LINE

Each defensive lineman will be taught the fundamentals of the position. Special emphasis will be made on stance, getting off the ball, defeating run blocks, rushing the passer, and tackling.

LINEBACKERS

Each linebacker will be taught the fundamentals of the position. Special emphasis will be made on stance, defeating blockers, tackling, man-to-man pass defense, and zone pass defense.

DEFENSIVE BACKS

Each defensive back will be taught the fundamentals of the position. Special emphasis will be made on stance, backpedal, man-to-man technique, tackling, zone pass defense, and intercepting the ball.

DAILY SCHEDULE

(Subject to Change)
7:30 - 8:00 am - Check In
8:00 - 8:15 - Warm Up
8:15 - 8:45 - Offensive Drill Work
8:45 - 9:00 - Break
9:00 - 9:30 - Offensive Group Work
9:30 - 9:45 - Break
9:45 - 10:15 - Defensive Drills
10:15 - 10:30 - Break
10:30 - 11:00 - Defensive Group Work
11:00 - 11:30 - 7 on 7 Competition
11:30 - 12:00 - Punt, Pass, & Kick Drills

WHAT TO BRING

Each camper should come dressed in shorts, t-shirts, and tennis shoes. You may also bring cleats but this is not necessary.

CAMP APPLICATION

Please detach and return by June 8th

STUDENT INFORMATION

Name: _____

School: _____

Home Phone: _____

Address: _____

City: _____

State: _____ Zip: _____

Age: ____ Grade Entering in Fall '09: ____

Youth Size: S M L

Adult Size: S M L XL XXL

(Circle One)

Ht: ____ Wt: ____ Off Pos: ____ Def Pos: ____

Pick both offensive and defensive positions

PARENT/GUARDIAN INFORMATION EMERGENCY CONTACT

Name: _____

Work Phone: _____

Cell Phone: _____

Name: _____

Work Phone: _____

Cell Phone: _____

PARENT/GUARDIAN RELEASE

I/We hereby request that you accept this application for the 2009 Blackman High School Junior Blaze Football Camp during the dates set fourth in the application. I/We hereby release Blackman High School and all of its employees from all claims on account of any injury which may be sustained by my/our son while attending the 2009 Junior Blaze Football Camp and agree to indemnify Blackman High School and its employees from all claims hereafter be presented by my/our son as a result of any such injuries.

I/We give permission for Blackman High School medical personnel to administer first aid and adequate medical care in the event of an injury or illness.

Parent/Guardian Signature: _____

INSURANCE INFORMATION

Participant's Insurance Provider: _____

Subscriber's ID Number: _____

MEDICAL HISTORY (Circle One)

Asthma: Y N Heart Problems: Y N

List any medical condition and/or medications that your son is currently taking and our staff should be aware of:

I/We certify that my/our son has received a physical within the past 12 months of the camp dates and has been cleared by a medical doctor for athletic participation.

Parent/Guardian Signature: _____

COSTS

Cost is \$60.00 per camper for the entire week.

Make Checks payable to:
Blackman Football Boosters

Mail Checks and Registration to:
Blackman Football Office
Blackman High School
Attn. Coach Philip Shadowens
3956 Blaze Drive
Murfreesboro, TN 37128

Coach Shadowens: 904-3850 ext. 23008

You may also register the day of the camp.

Camp Store

There will also be a camp store for refreshments and merchandise! Campers can bring money and put it in the Blaze Football bank, from there they can charge at the store.

Giveaways/Awards

Each camper will receive a camp T-shirt. There will also be awards for Punt, Pass, and Kick at each grade level.

